

# PATIENT'S PRESENT COMPLAINT

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (H) \_\_\_\_\_ (C) \_\_\_\_\_ (W) \_\_\_\_\_ (Email) \_\_\_\_\_

Soc. Sec. # \_\_\_\_\_ Driver's Lic. # \_\_\_\_\_ State issued \_\_\_\_\_

Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ Sex M F Satus M S W D

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Spouse's Name \_\_\_\_\_ Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Person Responsible for this Account \_\_\_\_\_ Health Plan \_\_\_\_\_

Subscriber's Name \_\_\_\_\_ ID# \_\_\_\_\_ Group # \_\_\_\_\_

PLEASE CHECK ALL ANSWERS AND FILL IN THE BLANKS WHERE APPROPRIATE. DESCRIBE YOUR PRESENT COMPLAINT. This information is necessary to assist your health care provider understand your health condition.

Please describe your problem and how it began. Date Problem began: \_\_\_\_/\_\_\_\_/\_\_\_\_

How bad is your pain? (Circle a number)	0	1	2	3	4	5	6	7	8	9	10
	No Pain					Unbearable Pain					

How often are your symptoms present?       Constantly       Frequently       Occasionally       Intermittently

Describe your current pain/symptoms:

<input type="checkbox"/> Sharp/Stabbing	<input type="checkbox"/> Throbbing	<input type="checkbox"/> Aches
<input type="checkbox"/> Dull	<input type="checkbox"/> Soreness	<input type="checkbox"/> Weakness
<input type="checkbox"/> Numbness	<input type="checkbox"/> Shooting	<input type="checkbox"/> Gripping
<input type="checkbox"/> Burning	<input type="checkbox"/> Tingling	<input type="checkbox"/> Other _____

Since it began, is your problem:       Improving       Getting Worse       No Change

What makes the problem better?

<input type="checkbox"/> Nothing	<input type="checkbox"/> Lying Down	<input type="checkbox"/> Walking
<input type="checkbox"/> Standing	<input type="checkbox"/> Sitting	<input type="checkbox"/> Movement
<input type="checkbox"/> Exercise	<input type="checkbox"/> Inactivity/rest	<input type="checkbox"/> Other _____

What makes the problem worse?

<input type="checkbox"/> Nothing	<input type="checkbox"/> Lying Down	<input type="checkbox"/> Walking
<input type="checkbox"/> Standing	<input type="checkbox"/> Sitting	<input type="checkbox"/> Movement
<input type="checkbox"/> Exercise	<input type="checkbox"/> Inactivity/rest	<input type="checkbox"/> Other _____

Can you perform your daily home activities?       Yes       Yes, only with help       Not at all

Do you exercise?       Yes, almost daily       Yes, occasionally       Not at all

Describe your job requirements:       Mainly sitting       Light Labor       Heavy Labor

Can you perform your daily work activities?       Yes, all activities       Only some       Not at all

Describe your stress level:       None to mild       Moderate       High

What treatment have you had for this condition in the past? (surgery, medications, injections, therapy, chiropractic)

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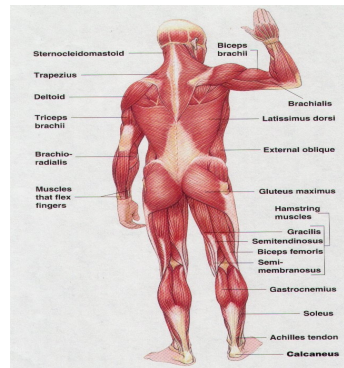
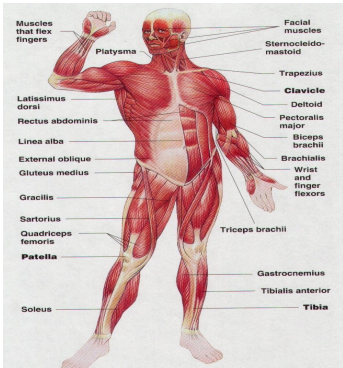


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Have you had X-rays, MRI, or other tests for this condition? What tests and When? \_\_\_\_\_

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Mark an X on the picture where you have pain or other symptoms, include symptoms of pain, numbness, or tingling



Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

## PATIENT HEALTH QUESTIONNAIRE

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

If you have *ever* had a listed symptom in the past, please check that symptom in the Past Column.

If you are presently troubled by a particular symptom, check that symptom in the Present column.

KNOWLEDGE OF THESE CONDITIONS MAY INFLUENCE THE TYPE OF TREATMENT/THERAPY YOU RECEIVE.

**Past Present**

- Neck Pain
- Shoulder Pain (R\_\_\_ L\_\_\_)
- Pain in Upper Arm or Elbow (R\_\_\_ L\_\_\_)
- Hand Pain (R\_\_\_ L\_\_\_)
- Wrist Pain (R\_\_\_ L\_\_\_)
- Upper Back Pain
- Low Back Pain
- Pain in Upper Leg or Hip (R\_\_\_ L\_\_\_)
- Pain in Lower Leg or Knee (R\_\_\_ L\_\_\_)
- Jaw Pain
- Swelling, Stiffness of Joint's
- Fainting
- Visual Disturbances
- Convulsions
- Dizziness
- Headaches
- Muscular In coordination
- Tinnitus (Ear Noises)
- Rapid Heart Beat
- Chest Pain
- Loss of Appetite
- Anorexia
- Abnormal Weight  
 Gain  Loss
- Excessive Thirst
- Chronic Cough
- Chronic Sinusitis
- General Fatigue
- Irregular Menstrual Flow
- Profuse Menstrual Flow
- Breast
- Endometriosis
- PMS
- Loss of Bladder Control
- Painful Urination
- Frequent Urination
- Abdominal Pain
- Constipation/irregular bowel habits
- Difficulty in Swallowing
- Heartburn/Indigestion
- Dermatitis/Eczema/Rash

**Past Present**

- Depression
- Aortic Aneurysm
- High Blood Pressure
- Angina
- Heart Attack (date \_\_\_\_\_)
- Stroke (date \_\_\_\_\_)
- Asthma
- Cancer, Explain \_\_\_\_\_
- Tumor, Explain \_\_\_\_\_
- Prostate Problems
- Blood Disorder
- Emphysema (chronic lung disorder)
- Arthritis
- Diabetes
- Epilepsy
- Ulcer
- Liver/Gallbladder problems
- Kidney Stones
- Hepatitis
- Bladder Infection
- Kidney Disorders (by condition)
- Colitis
- Irritable Colon
- HIV/AIDS
- Other \_\_\_\_\_

If a family member has had any of the following, please mark the appropriate box:

- |   |   |
|---|---|
| <input type="checkbox"/> <input type="checkbox"/> Cancer                    | <input type="checkbox"/> <input type="checkbox"/> Epilepsy              |
| <input type="checkbox"/> <input type="checkbox"/> Rheumatoid Arthritis      | <input type="checkbox"/> <input type="checkbox"/> Chronic Back Problems |
| <input type="checkbox"/> <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> <input type="checkbox"/> Chronic Headaches     |
| <input type="checkbox"/> <input type="checkbox"/> Heart Problems            | <input type="checkbox"/> <input type="checkbox"/> Lupus                 |
| <input type="checkbox"/> <input type="checkbox"/> Lung Problems             | <input type="checkbox"/> <input type="checkbox"/> Other                 |
| <input type="checkbox"/> <input type="checkbox"/> High Blood Pressure _____ |   |

**Yes No**

- Do you have a permanent disability rating?  
Location \_\_\_\_\_
- Date rating received \_\_\_\_\_
- Rating Percentage \_\_\_\_\_%

**Present Weight** \_\_\_\_\_pounds

**Height** \_\_\_\_\_feet \_\_\_\_\_inches

**Please check any of the following that apply to you**

**Past Present**

- Pregnancy, # of births \_\_\_\_\_
- Birth Control Pills, type \_\_\_\_\_
- Medications (list if not listed elsewhere) \_\_\_\_\_
- Hospitalizations/Surgical Procedures  
(list if not described elsewhere) \_\_\_\_\_

**Past Present**

- Tobacco
- Alcohol
- Drug or Alcohol Dependence
- Coffee/Tea/Caffeinated Soft Drinks:  
cups/cans per day \_\_\_\_\_

I certify that the above information is complete and accurate to the best of my knowledge. I agree to notify this doctor immediately whenever I have changes in my health or health plan coverage in the future.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_